



A Way of Being Psychotherapy and Consulting, LLC

Coupon Code: AWAYOFBEING

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Vielight Photobiomodulation Therapy

Vielight is a cutting-edge photobiomodulation technology that uses light therapy to stimulate brain function and promote overall wellness. By delivering near-infrared light to the brain, it enhances cellular activity, supports cognitive clarity, and helps regulate mood. This non-invasive treatment has shown promise in reducing symptoms of anxiety, depression, and stress, making it a valuable tool in psychotherapy. With its ability to improve brain health and emotional regulation, Vielight complements traditional therapeutic approaches, offering clients a holistic path to healing and mental well-being.

Vielight Website

<https://www.vielight.com/brain-photobiomodulation/>

<https://www.vielight.com/research/>

<https://www.vielight.com/vielight-sports-photobiomodulation/>

<https://www.vielight.com/photobiomodulation-neurofeedback/>

YouTube.com

**Transcranial Photobiomodulation & Brain Functioning - M Naeser PhD, Boston University
@Synchrony2020**

<https://www.youtube.com/watch?v=axdJ2fvoKp8>

Interview with Dr. Margaret Naeser on brain photobiomodulation

<https://www.youtube.com/watch?v=ZOigoWyAOYo>

Michael Hamblin: Photobiomodulation & Photodynamic Therapy

https://www.youtube.com/watch?v=xel3wZ4uT_c

Vielight - Independent Researchers on Photobiomodulation

https://www.youtube.com/watch?v=a_Yottkvxkg

**Photobiomodulation for Brain Disorders - Michael Hamblin, PhD, Uni of Johannesburg
@Synchrony2020**

https://www.youtube.com/watch?v=eN_K3UfmGlo

Photobiomodulation Therapy (PBMT): What is It?

<https://www.youtube.com/watch?v=0MMewRIP51M>

**City-Wide Psychiatry Rounds: Shedding Light on Photobiomodulation in
Neuropsychiatric Disorders**

<https://www.youtube.com/watch?v=WrocJ-rhfc>

Dr. Mercola Interviews Dr. Lew Lim about EEG and Brain Photobiomodulation.

<https://www.youtube.com/watch?v=JAtN5y8o43k>

EEG & Vielight

<https://www.youtube.com/watch?v=vAxEcY68GGY>

Marvin Berman on Photobiomodulation

<https://www.youtube.com/watch?v=TnWRUbcohGg>

Hipskind and Mittiga: Photobiomodulation in Brain Recovery

<https://www.youtube.com/watch?v=hWKcvxUm2aE>

Can near-infrared energy reach the brain for treatment of TBI?

<https://www.youtube.com/watch?v=iZbP2IVekh0>

**Penetration & Dosimetry: Integrating Human Data and Penetration Models for Transcranial
PBM**

<https://www.youtube.com/watch?v=99GQIRJmUPQ>

Light Heals the Brain: Photobiomodulation

<https://www.youtube.com/watch?v=HSJvVb0HJnA>

Depression: Photobiomodulation for Depression: Harvard University

https://www.youtube.com/watch?v=h_vnXjoFptk